

## Activities for Adults (50+ Years)

**Registration begins August 10; classes begin August 31 unless noted otherwise within class descriptions.**

**No class September 7, November 11, 26 or 27. To view a list of class location abbreviations, see page 2.**

**The activities and classes below are designed for Adults (18+ Years). Additional offerings for adults may be viewed in the Adults (50+ Years) section.**

### Classes - Participants & Observation:

- Minimum age requirement for the following activities is 50 years.
- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.

### Cahill Senior Center

**715 W. 5th Street**  
**480-858-2420**  
**[www.tempe.gov/cahill](http://www.tempe.gov/cahill)**

The Dennis J. Cahill Senior Center offers a fully-equipped fitness room, computers with Internet access, luncheons, classes, movies and special events for adults, ages 50 yrs+.

#### Facility Hours:

Monday – Friday 8:30 a.m.-2:30 p.m.

**Facility Closures:** Sept. 7, Nov. 11, 26 & 27, Dec. 25

#### Weekly Activities

Weekly Activities

\$1 Appetizers	Mon.	12 p.m.
BINGO*	Mon.	1 p.m.
New Release Movie	Tues.	11 a.m.
\$3 Lunch before BINGO	Fri.	11:30 a.m.
BINGO*	Fri.	1 p.m.

\*Card sales begin at 12:30 p.m.

No BINGO: Nov 27, Dec 25

Please refer to the Roadrunner Chronicle newsletter, or call 480-858-2420, for more information. Join the RTA (Retirees of Tempe Advisory Group) for event discounts.

### Escalante Senior Center

**2150 East Orange Street**  
**480-350-5870**  
**[www.tempe.gov/escalante](http://www.tempe.gov/escalante)**

The Escalante Senior Center is operated by Tempe Community Action Agency (TCAA) with programming every Tuesday through Friday.

The AmeriCorps Health & Wellness program is offered every Tuesday to include exercise classes with weights, balls, and bands to music and on Thursday Tai Chi classes for seniors. Monthly health related programs are presented by certificated health providers. Cooking Demos featuring nutritious, easy to prepare recipes are presented on the 1st and 3rd Wednesdays of each month. Other activities include the SENIOR LUNCH PROGRAM, Tuesday & Thursday BINGO, crafts, Readers Theater, Running Club, Garden Club, field trips and seasonal events. Mexican Independence Day will be celebrated on Wednesday, September 16th. The Senior Center programs are for guests ages 60+. For more information, stop by the center or call 480-350-5872 or 480-350-5871.

#### Facility Hours

Tuesday-Friday 8 a.m.-3 p.m.

**Facility Closures:** Sept. 7, Nov. 11, 26 & 27, Dec. 25

#### Weekly Activities:

AmeriCorps Exercise Class	Tuesday/Thursday	10:30 a.m.
Senior Lunch Program	Tuesday-Friday	11:30 a.m.
Bingo	Tuesday/Thursday	12:45 p.m.
Walking Club	Wednesday	9 a.m.
Cooking Demos	1st & 3rd Wednesday	10:30 a.m.
Garden Club	Wednesday	10:30 a.m.
Readers Theater	Wednesday	1 p.m.
Yoga	Thursday	10:30 a.m.
Tai Chi	Friday	10 a.m.

#### Special Events

Mexican Independence Day	September 16
Halloween Celebration	October 30
Thanksgiving Day	November 20

### North Tempe Senior Center

**1555 North Bridalwreath Street**  
**480-858-6510**  
**[www.tempe.gov/northtempe](http://www.tempe.gov/northtempe)**

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA). The Center offers billiards, books, magazines, television, playing cards and a collection of board games. Programming includes luncheons, presentations, classes, special events and Bingo. The North Tempe Multi-Generational Center is home to TCAA's Home Delivered Meal (HDM) program that serves meals to home-bound elderly and disabled individuals in Tempe and South Scottsdale. Participants can be referred to us by the SENIOR HELP LINE@602-264-4357. TCAA also offers a private pay option for home delivered meals.

## Activities for Adults (50+ Years)

The meals are delivered Mon.-Fri. between 9:30am and 12:30pm. If you would like more information for this program please call our front desk at 480-858-6510. Visit TCAA's Website at [www.tempeaction.org](http://www.tempeaction.org).

### Facility Hours:

Monday-Friday, 8 a.m.-3 p.m.

**Facility Closures:** Sept. 7, Nov. 11, 26 & 27, Dec. 25

### Weekly Activities

Silver Sneakers Monday, Wednesday, Friday 9:30 a.m.  
TCAA Congregate Lunch Monday, Wednesday, Friday 11:45 a.m.  
Bingo (.50 cents per card) Monday 12:30 p.m.  
AmeriCorps Fitness Classes Tuesday, Thursday 9:30 a.m.

## Pyle Adult Recreation Center

**655 East Southern Avenue**

(SW Corner of Rural and Southern)

**480-350-5211**

**[www.tempe.gov/pyle](http://www.tempe.gov/pyle)**

The Pyle Adult Recreation Center is a recreation facility for adults, ages 18 yrs+. Classes and programs for adults are offered through the brochure at this facility. The facility has a multipurpose room, dance room, billiards room, fitness room and six meeting rooms.

### Facility Hours

Monday-Thursday 8 a.m.-9 p.m.  
Friday 8 a.m.-5 p.m.  
Saturday 9 a.m.-4 p.m.  
Sunday Closed

**Facility Closures:** September 7, Nov. 11, 26, 27 & 28, Dec. 25

### Retirees of Tempe Advisory (RTA)

The Retirees of Tempe Advisory (RTA) is a group sponsored by the City of Tempe Community Services Department and the Pyle Adult Recreation Center. The RTA advises Pyle staff regarding programs and events for those 50 years and older. RTA membership is \$5 per year and provides members with discounts on lunches and other special events and activities. To become a member, you must apply in person at the Pyle Adult Recreation Center's front desk.

### Monthly Retiree Activities

Tuesday/Thursday Lunch/Program 11:30 a.m.  
Needlewielders Tuesdays/Thursdays 9 a.m.-noon  
Senior Songbirds meet Wednesdays 9:30 a.m.  
Looney Tooner Kitchen Band, Mondays (Sept-May) 9:30 a.m.  
Tuesday New Release Movies 12:30 p.m.  
Bingo Every Wednesday 1 p.m.  
Bluegrass Jam Session every Wednesday 12-2:30 p.m.  
Current Events Discussion Group every Thursday 1 p.m.  
Bluegrass Jam Session every Friday 9-11:30 a.m.  
Various card groups throughout the week Times Vary  
Classic Movie Fridays 12:30 p.m.

Fees for the above programs are minimal and vary by program to cover costs of the program. If you have questions about any of the programs or classes offered for adults 50+ years, call 480-350-5211, or visit the Pyle Adult Recreation Center's website at [www.tempe.gov/pyle](http://www.tempe.gov/pyle).

## Arts & Crafts

### Acrylic and Oil Painting

Instructed by Donna Levine, this course in Acrylic and Oil Painting includes composition, color theory and basic painting techniques. Class requires additional materials; please bring materials to the first class. Refer to class listing below for proper experience level placement. \*No Class 11/23. \*\*No Class 11/11, 11/25. \*\*\*No Class 11/26. 480-350-5211

43969	50 yrs+	Beg.	M	9/14-10/19	9 a.m.-noon	\$36	PAC
43970	50 yrs+	Int.	W	9/9-10/21	1-4 p.m.	\$42	PAC
43971	50 yrs+	Adv.	Th	9/10-10/22	9 a.m.-noon	\$42	PAC
43972	50 yrs+	Beg.	M	10/26-11/30*	9 a.m.-noon	\$36	PAC
43973	50 yrs+	Int.	W	10/28-12/9**	1-4 p.m.	\$30	PAC
43974	50 yrs+	Adv.	Th	10/29-12/10***	9 a.m.-noon	\$36	PAC

### Crafts and Coffee at Cahill

Join us on the third Wednesday of each month for coffee and crafting. Fee: \$4. 480-858-2420.

45958	50 yrs+	W	9/16	10 a.m.	CSC
45959	50 yrs+	W	10/21	10 a.m.	CSC
45960	50 yrs+	W	11/18	10 a.m.	CSC
45961	50 yrs+	W	12/16	10 a.m.	CSC



### Creative Aging: Wake Up the Artist In You!

Long time Arizona Teaching Artist, Jane Metzger, will lead an introduction to many methods, styles and techniques of drawing with an 8 week series of workshops. No experience necessary. Many drawing tools and materials will be included without charge. Students must be able to attend all eight workshop sessions and the culminating reception. \*No Class 10/19.

Fee: None. 480-350-5500

46468	55 yrs+	M	10/5-11/30*	10 a.m.-noon	LMRA
Reception		M	12/7	6:30-7:30 p.m.	LMRA

### Drawing: Color/B&W

In this class instructed by Donna Levine, students can explore both black and white, and color media of their choice. Emphasis will be on technique, composition and learning to "see" color. Cost of materials will vary depending on the media you choose. Please bring one drawing medium and appropriate paper to the first class. \*No Class 11/23. 480-350-5211

43981	50 yrs+	M	9/14-10/19	12:30-3:30 p.m.	\$36	PAC
43982	50 yrs+	M	10/26-12/7*	12:30-3:30 p.m.	\$36	PAC

## Activities for Adults (50+ Years)

### Pastel Painting

Instructor Alice Van Overstraeten covers a unique medium in a fun environment where you will produce beautiful art with intense color. Please bring supplies to the first class; for a list of supplies, visit [www.tempe.gov/pyle](http://www.tempe.gov/pyle), or the Pyle Center Front Desk. \*No Class 11/26. 480-350-5211

43990	50 yrs+	Th	9/10-10/15	1-3:30 p.m.	\$36	PAC
43991	50 yrs+	Th	10/22-12/10*	1-3:30 p.m.	\$42	PAC

### Watercolor Painting

Instructed by Donna Levine, the emphasis of this class is on the use of materials as they apply to still life, landscape and portraiture. Class requires additional materials. Approximate cost of materials is \$40-\$45 depending on projects selected. Please bring materials to the first class. \*No class 11/24. 480-350-5211

44010	50 yrs+	T	9/8-10/20	1-4 p.m.	\$42	PAC
44011	50 yrs+	T	10/27-12/8*	1-4 p.m.	\$36	PAC

## Boating

### Boom Kayak

Are you looking for a fun way to stay active and beat the weekend warriors? Join us during the week and our certified instructors will focus on physical fitness and basic stroke technique in a low-stress/low-impact fun environment. Fee: \$30. 480-350-8069

46273	50 yrs+	W	10/7	9-11 a.m.	TTLM
46274	50 yrs+	W	10/21	9-11 a.m.	TTLM
46275	50 yrs+	W	11/4	9-10:30 a.m.	TTLM

### Boom SUP (Stand-up Paddling)

If you are looking for an opportunity to stay active, beat the weekend warriors and try something new, this is the class for you. Enjoy the fun and relaxed setting of Tempe Town Lake during the week on a stand-up paddleboard. Our experienced staff will tailor the class to your needs focusing on fitness, balance and basic stroke technique. Fee: \$30. 480-350-8069

46276	50 yrs+	Th	9/24	9-10:30 a.m.	TTLM
46277	50 yrs+	Th	10/15	9-10:30 a.m.	TTLM
46278	50 yrs+	Th	10/29	9-10:30 a.m.	TTLM

## Business & Computers

### Computer Basics

Become comfortable and gain confidence using the computer. Topics covered will include: Microsoft Word, search engines and short cuts. Basic computer skills are required. Fee: None. 480-350-5500.

46001	50 yrs+	M	9/28-10/12	10-11:30 a.m.	LCL
46360	50 yrs+	Th	10/22-11/5	9:30-11 a.m.	NCC

### eBooks and Overdrive

Borrow eBooks, audiobooks and more from the Tempe Public Library anywhere, anytime with a WiFi connection. All you need is a current Tempe Public Library card. Fee: None 480-350-5500.

46000	50 yrs+	T	10/20	5-6:30 p.m.	LMRB
46430	50 yrs+	T	9/8	4:30-6 p.m.	CSC
46431	50 yrs+	W	9/23	2-3:30 p.m.	PAC
46432	50 yrs+	F	11/20	2:30-4 p.m.	NCC
45912	50 yrs+	F	12/4	10-11:30 a.m.	ESCA

### Facebook for Beginners

Are you ready to explore Facebook? We can help get you get a better understanding of what Facebook is and how to use it. A current email and some basic computer experience are needed when setting up an account. These are some of the topics we will cover in this 2 week class. Fee: None. 480-350-5500.

46433	50 yrs+	W	9/9-9/16	10-11:30 a.m.	ESCA
46434	50 yrs+	T	9/29-10/6	4:30-6 p.m.	CSC
46435	50 yrs+	Th	11/12-11/19	10-11:30 a.m.	NCC

### Go Google

Learn how to surf the net and improve your internet searching skills while having fun. You will explore google calendar, google maps, and learn how to use YouTube to watch videos. Basic computer skills are required. Fee: None. 480-350-5500.

45991	50 yrs+	T	10/27-11/3	4:30-6 p.m.	CSC
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### Introduction into a World of Media

Boost your knowledge of online social networking tools. We will be providing a basic overview of Facebook, Twitter, and Pinterest. Note: This class is a prerequisite to Facebook for Beginners. Basic computer skills are required. Fee: None. 480-350-5500.

45997	50 yrs+	T	9/15	4:30-6 p.m.	CSC
46363	50 yrs+	W	10/14	2-3:30 p.m.	PAC
46364	50 yrs+	F	11/6	2:30-4 p.m.	NCC



### Introduction to the Internet

Boost your knowledge about the internet. Learn basic skills on how to navigate it and tools. A basic overview will be provided. Basic computer skills are required. Fee: None. 480-350-5500.

46436	50 yrs+	W	9/2	10-11:30 a.m.	ESCA
46437	50 yrs+	F	10/2	10-11:30 a.m.	NCC

### Introduction to Computers

This class is for someone with no prior computer experience. Learn how to use a mouse, become familiar with computer terminology and learn about the various parts of a computer. You will use the Internet to practice the skills that you have acquired in the class. Fee: None. 480-350-5500.

45989	50 yrs+	M	9/14-9/21	10-11:30 a.m.	LCL
45990	50 yrs+	Th	10/8-10/15	9:30-11 a.m.	NCC

## Activities for Adults (50+ Years)

### Introduction to E-Mail

Become comfortable and gain confidence using e-mail. An overview of gmail will be done as an example of how to register and what security features are available. Fee: None. 480-350-5500.

45994	50 yrs+ T	9/1	4:30-6 p.m.	CSC
45914	50 yrs+ W	10/7	10-11:30 a.m.	ESCA
46359	50 yrs+ Th	10/29	2:30-4 p.m.	NCC
45992	50 yrs+ M	11/23	10-11:30 a.m.	LCL
45993	50 yrs+ W	11/18	2:30-4 p.m.	PAC

### Shopping For a New Tablet

Once you've decided to buy a new tablet, you still need to tackle a few more questions before you meet your new machine. Find out the latest technical features, hardware, and software available on the market. This is your chance to ask questions and become a more informed technology consumer. Fee: None. 480-350-5500.

46369	50 yrs+ W	10/7	2-3:30 p.m.	PAC
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## Dance, Music & Theater

### Line Dance; Beginning

A perfect class for the beginner who would like to learn the fun and easier dances at a slower pace. Focus is on form, technique and terminology in a fun and friendly environment. No partner necessary. \*No Class 11/24. 480-350-5211

43986	50 yrs+ T	9/8-10/20	1:30-2:30 p.m.	\$28 PAC
43988	50 yrs+ T	10/27-12/8*	1:30-2:30 p.m.	\$28 PAC

### Line Dance; Intermediate

A continuing class for those who feel they have mastered the basics and want more of a challenge. Focus is on rhythms, patterns and styles as you move to the music. \*No Class 11/24. 480-350-5211

43987	50 yrs+ T	9/8-10/20	2:30-3:30 p.m.	\$28 PAC
43989	50 yrs+ T	10/27-12/8*	2:30-3:30 p.m.	\$28 PAC

### Tap Dance; Beginning

This beginning level class will teach you the basic Tap steps as you put them together to create a fun dance routine. Lots of fun and great exercise. \*No Class 11/26. 480-350-5211

44002	50 yrs+ Th	9/10-10/22	11:15 a.m.-12:10 p.m.	\$20 PAC
44005	50 yrs+ Th	10/29-12/17*	11:15 a.m.-12:10 p.m.	\$20 PAC

### Tap Dance; Intermediate

Get fit while having fun. Learn fundamental Tap technique and steps, and then choreograph them for muscle memory. Start tapping your way to fitness. \*No Class 11/24, 11/26. 480-350-5211

44003	50 yrs+ T/Th	9/8-10/22	9:10-10:05 a.m.	\$39 PAC
44006	50 yrs+ T/Th	10/27-12/17*	9:10-10:05 a.m.	\$39 PAC

### Tap Dance; Performance

Take the fundamental Tap dance technique and steps that you've learned, and now focus on formations and polishing-up routines for performances. Come prepared to have fun. \*No Class 11/24, 11/26. 480-350-5211

44004	50 yrs+ T/Th	9/8-10/22	10:10-11:05 a.m.	\$39 PAC
44007	50 yrs+ T/Th	10/27-12/17*	10:10-11:05 a.m.	\$39 PAC

## Health & Fitness

### Adult Fitness

Meet new people and feel great while working out in our fitness center. The class will occur in a small group setting. Participants will receive individual guidance. \*No Class 11/26. Fee: None.

480-350-5800

46260	50 yrs+ M	9/14-9/28	noon-1 p.m.	ESCA
46261	50 yrs+ T	9/8-9/29	noon-1 p.m.	ESCA
46262	50 yrs+ W	9/9-9/30	noon-1 p.m.	ESCA
46264	50 yrs+ Th	9/10-10/1	noon-1 p.m.	ESCA
46265	50 yrs+ M	10/12-11/2	noon-1 p.m.	ESCA
46266	50 yrs+ T	10/13-11/3	noon-1 p.m.	ESCA
46267	50 yrs+ W	10/14-11/4	noon-1 p.m.	ESCA
46268	50 yrs+ Th	10/15-11/5	noon-1 p.m.	ESCA
46269	50 yrs+ M	11/16-12/14	noon-1 p.m.	ESCA
46270	50 yrs+ T	11/17-12/15	noon-1 p.m.	ESCA
46271	50 yrs+ W	11/18-12/16	noon-1 p.m.	ESCA
46272	50 yrs+ Th	11/19-12/17*	noon-1 p.m.	ESCA

### Aerobic Dance Exercise

Get your heart pumping as you move to choreographed routines that encourage flexibility, muscular strength and cardiovascular endurance. \*No Class 10/2, 10/5, 10/7, 10/9, 11/11. \*\*No Class 10/1, 10/6, 10/8. 480-350-5211

43975	50 yrs+ M/W/F	9/9-11/20*	8:05-9 a.m.	\$67 PAC
43976	50 yrs+ T/Th	9/10-11/19**	8:05-9 a.m.	\$48 PAC
43977	50 yrs+ M/W/F	11/30-12/18	8:05-9 a.m.	\$23 PAC
43978	50 yrs+ T/Th	12/1-12/17	8:05-9 a.m.	\$16 PAC

### Brain G.Y.M.

Banner Alzheimer's Institute and Banner Sun Health Research Institute have designed a program to boost brain health. This free 2.5 hour Brain G.Y.M. Boot Camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain. Limited to 20 people and requires pre-registration by calling 602-230-2273. Fee: None.

No Code	50 yrs+ W	9/23	2-4:30 p.m.	LCC
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### Chair Yoga

Unable to get up and down from the floor? You can still do Yoga. Learn to breathe slower and deeper, increase flexibility and strength, improve your memory, sleep better and boost your immune system. Suitable for all physical abilities. \*No Class 11/11, 11/25, 11/27. 480-350-5211

43979	50 yrs+ W/F	9/9-10/21	9-10 a.m.	\$39 PAC
43980	50 yrs+ W/F	10/28-12/18*	9-10 a.m.	\$39 PAC

## Activities for Adults (50+ Years)

### Gentle Yoga

This class will focus on breathing and relaxation techniques that will quiet the mind and relax the body. Students will practice the basic hatha yoga poses, focusing on those that stretch the muscles and improve balance and strength. \*No Class 11/24.

480-350-5211

43984	50 yrs+	T	9/8-10/20	12:15-1:15p.m.	\$28	PAC
43985	50 yrs+	T	10/27-12/8*	12:15-1:15p.m.	\$28	PAC

### Seated Strength Training

Learn about things you can do with weights and bands while sitting to increase your strength. \*No Class 11/23. \*\*No Class 11/26. 480-350-5211

43992	50 yrs+	M	9/14-10/19	9-9:45 a.m.	\$15	PAC
43993	50 yrs+	Th	9/10-10/22	10:15-11 a.m.	\$18	PAC
45425	50 yrs+	M	10/26-12/14*	9-9:45 a.m.	\$18	PAC
45426	50 yrs+	Th	10/29-12/17**	10:15-11 a.m.	\$18	PAC

### Stretch & Tone

Haven't exercised in a while? Get back into the exercise routine with this gentle exercising and stretching program. Exercise at your comfort level either sitting in a chair or standing. \*No Class 10/5, 10/7, 11/11. \*\*No Class 10/1, 10/6, 10/8. 480-350-5211

43994	50 yrs+	M/W	9/9-11/18*	10:30-11:15 a.m.	\$39	PAC
43995	50 yrs+	T/Th	9/10-11/19**	9:15-10 a.m.	\$39	PAC
43996	50 yrs+	M/W	12/2-12/21	10:30-11:15 a.m.	\$13	PAC
43997	50 yrs+	T/Th	12/1-12/17	9:15-10 a.m.	\$13	PAC

### Tai Chi: Level I

This is an introductory class in the Guang Pin Yang style of Tai Chi and will concentrate more on learning Tai Chi moves that will help you to gain balance and flexibility, while improving breathing and posture. Preferred prerequisite: Tai Chi/Body Balance Basic. No Class 11/23. 480-350-5211.

43999	50 yrs+	M	9/14-10/19	12:30-1:30 p.m.	\$26	PAC
44001	50 yrs+	M	10/26-12/7*	12:30-1:30 p.m.	\$26	PAC

### Tai Chi / Body Balance Basic

This exercise class uses basic Tai Chi movements and Qigong breathing exercises to gently relax and exercise the body. Major emphasis is on balance and stability, but students will also learn basic stretching exercises to improve flexibility and strength.

A basic Tai Chi Short Form that uses five major movements to exercise the body will be learned. No Class 11/23. 480-350-5211

43998	50 yrs+	M	9/14-10/19	11:15 a.m.-12:15 p.m.	\$26	PAC
44000	50 yrs+	M	10/26-12/7*	11:15 a.m.-12:15 p.m.	\$26	PAC

### Toners & Shapers

Class designed to strengthen and tone muscles and to increase flexibility. Class consists of warm-up and stretch, strength-training exercise and a cool-down stretch and relaxation. Each participant is encouraged to work at their own level. Participants are asked to provide their own weights upon instructor recommendation.

\*No Class 10/2, 10/5, 10/7, 10/9, 10/23, 11/11. 480-350-5211

44008	50 yrs+	M/W/F	9/9-11/20*	9:05-10:20 a.m.	\$76	PAC
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44009	50 yrs+	M/W/F	11/30-12/18	9:05-10:20 a.m.	\$26	PAC
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### Yoga; with Weights

This is the perfect combination of flexibility and strength training. Class combines yoga and stretch exercises utilizing 1-2 lb handheld and light ankle weights to strengthen the core of the body; area between the shoulders and knees. Perfect for those experiencing tightness in hips, shoulders, lower back or legs. Each class ends with a brief relaxation. No Class 11/11, 11/25.

480-350-5200

45411	50 yrs+	W	9/9-12/9	10:35-11:35 a.m.	\$43	PAC
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### Zumba for 50+

A fun workout that incorporates unique, Latin dance moves with up-beat Latin music. Zumba maximizes caloric output with fat-burning movements and adapts to your ability level with easy-to-follow dance steps so that you can have fun. \*No Class 11/24.

\*\*No Class 11/27. 480-350-5211

44012	50 yrs+	T	9/8-10/20	11:10 a.m.-12:05 p.m.	\$29	PAC
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44013	50 yrs+	F	9/11-10/16	10:35-11:30 a.m.	\$25	PAC
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44014	50 yrs+	T	10/27-12/15*	11:10 a.m.-12:05 p.m.	\$29	PAC
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44015	50 yrs+	F	10/30-12/18**	10:35-11:30 a.m.	\$29	PAC
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## Social Activities

For additional information on the following Cahill Senior Center special events and menus, please refer to the monthly Roadrunner Chronicle, or call 480-858-2420.

**Pick up the Winter Brochure  
December 3!**

**Keep a good class going. Register early!**

## Activities for Adults (50+ Years)

### \$1 Appetizers

Join us for an appetizer before we play bingo at 1pm. Please call for weekly menu. Register by the Thursday before each event.

Fee: \$1. 480-858-2420

45922	50 yrs+	M	9/14	noon	CSC
45923	50 yrs+	M	9/21	noon	CSC
45924	50 yrs+	M	9/28	noon	CSC
45925	50 yrs+	M	10/5	noon	CSC
45926	50 yrs+	M	10/12	noon	CSC
45927	50 yrs+	M	10/19	noon	CSC
45928	50 yrs+	M	10/26	noon	CSC
45929	50 yrs+	M	11/2	noon	CSC
45930	50 yrs+	M	11/9	noon	CSC
45982	50 yrs+	M	11/16	noon	CSC
45983	50 yrs+	M	11/23	noon	CSC
45984	50 yrs+	M	11/30	noon	CSC
45985	50 yrs+	M	12/7	noon	CSC
45986	50 yrs+	M	12/14	noon	CSC
45987	50 yrs+	M	12/21	noon	CSC
45988	50 yrs+	M	12/28	noon	CSC

### Brunch & Bunco

Join us for a delicious brunch and a game of Bunco with prizes.

Register by the Monday before each date. Fee: \$4 for RTA

members; \$5 for non-members. 480-858-2420

45916	50 yrs+	W	9/9	10 a.m.	CSC
45917	50 yrs+	W	10/14	10 a.m.	CSC
45919	50 yrs+	W	12/9	10 a.m.	CSC

### Fabulous Friday's \$3 Homemade Lunch

Join us for fresh and delicious Friday Lunches at the Cahill Senior

Center. Please call for weekly menu. Register by the Wednesday

before each event. Fee: \$3. 480-858-2420

45940	50 yrs+	F	9/4	11:30 a.m.	CSC
45941	50 yrs+	F	9/11	11:30 a.m.	CSC
45942	50 yrs+	F	9/18	11:30 a.m.	CSC
45943	50 yrs+	F	10/2	11:30 a.m.	CSC
45944	50 yrs+	F	10/9	11:30 a.m.	CSC
45945	50 yrs+	F	10/16	11:30 a.m.	CSC
45946	50 yrs+	F	10/23	11:30 a.m.	CSC
45947	50 yrs+	F	11/6	11:30 a.m.	CSC
45948	50 yrs+	F	11/13	11:30 a.m.	CSC
45949	50 yrs+	F	12/11	11:30 a.m.	CSC

### Pokeno and Bagels

Pokeno is a game that is a combination of poker and keno, though it is pretty much like playing Bingo with standard playing cards. Join us for a morning of fun games and prizes. Fee: \$2.

480-858-2420

45977	50 yrs+	W	9/2	10 a.m.	CSC
45978	50 yrs+	W	10/7	10 a.m.	CSC
45979	50 yrs+	W	11/4	10 a.m.	CSC

### Special Event: Roaring 20's Luncheon

Wear your boas and top hats, as we bring back the Golden Age in American History. Kick back and enjoy a 1920's jazz style performance, reminiscent of the Great Gatsby. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

45951	50 yrs+	F	9/25	11 a.m.	CSC
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### Special Event: Halloween Party

Join us for a scary good time and come dressed in your spooky finest for our costume contest. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

45952	50 yrs+	F	10/30	11 a.m.	CSC
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### Special Event: Thanksgiving Luncheon

Gather with friends and give thanks at Cahill's Thanksgiving Day Feast. Menu: Roast turkey, dressing, mashed potatoes and gravy, vegetables, and pumpkin pie. Fee: \$6.50 for RTA members; \$7.50 for non-members. 480-858-2420

45953	50 yrs+	F	11/20	11 a.m.	CSC
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### Special Event: Holiday Tea

Begin this holiday season with an elegant afternoon tea. Sample a variety of teas with delicate pastries and finger sandwiches. Fee \$8 for RTA members; \$9 for non-members. 480-858-2420

45954	50 yrs+	F	12/4	1 p.m.	CSC
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### Special Event: White Elephant Luncheon

Join us for a delicious homemade lunch and dessert with Holiday spirit. Bring a wrapped gift (re-gift something from home in excellent condition) to exchange during our Cahill White Elephant Party. Fee: \$4. 480-858-2420

45949	50 yrs+	F	12/11	11 a.m.	CSC
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### Special Event: Holiday Luncheon

Come for some holiday cheer with a meal of spiral cut ham, scalloped potatoes, green beans, salad, dinner roll, and dessert. Fee \$5 for RTA members; \$6 for non-members. 480-858-2420

45955	50 yrs+	F	12/18	11 a.m.	CSC
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## Special Interest



### Secrets to Getting the Class You Want

Currently registration is required for only some of the Tempe Library's programs, but beginning this Fall, the Library will require registration for all programs. In this drop-in class you will learn how to register online, in person, by mail and by fax. No registration required. Fee: None. 480-350-5500

No Code	50 yrs+	W	9/16	2-3 p.m.	PAC
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